

# Afterschool At-Risk Meals & Snacks Program Fact Sheet

Children are hungry when they go to their after school program. It has been hours since lunch and they need a nutritious meal or snack to keep them going through the afternoon. Research supports positive affects of healthy food choices for children and adolescents. Good news! Money is available through the Afterschool At-Risk Meals & Snacks Program.

## ***What is the Afterschool At-Risk Meals & Snacks Program?***

It is a reimbursement program designed to give school age children and youth in low-income areas, a nutritional boost and involve them in supervised activities that are safe, fun, and educational during the school year.

An after school program operating 9 months a year, with 100 children could receive over \$14,500 each school year for serving snacks, and almost \$58,000 each school year for serving meals.

## ***Who can Sponsor an Afterschool At-Risk Meals & Snacks Program?***

- Public entities, including school districts
- Private non-profit organizations
- Some for-profit centers

*To be eligible, an after school program must:*

- be located in a low-income area – Refer to: [www.ode.state.or.us/wma/nutrition/cacfp/cacfp-public-regular-schools-greater-than-or-equal-to-50pct-eligibility\\_20140214.pdf](http://www.ode.state.or.us/wma/nutrition/cacfp/cacfp-public-regular-schools-greater-than-or-equal-to-50pct-eligibility_20140214.pdf)
- have regularly scheduled educational or enrichment activities
- work with school age children and youth through age 18
- not charge children for meals or snacks

Athletic teams and scholastic clubs that limit membership based on ability or other requirements are not eligible.

## ***How Does the Afterschool At-Risk Meals & Snacks Program Work?***

The Oregon Department of Education Child Nutrition Programs (ODE CNP) reimburses approved Sponsors for serving meals and snacks that meet Federal nutrition guidelines:

Meal:     \$3.2275 / per meal served

Snack:    \$0.82 / per snack served

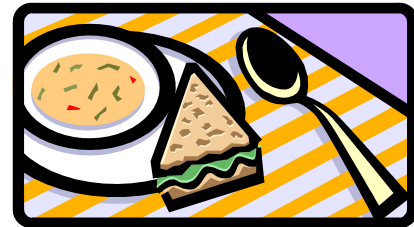
Sponsors will need to:

- keep a daily sign-in sheet of program participants
- record and report the total number of meals and snacks served each day
- keep a menu showing that the meals and snacks served met the USDA requirements
- maintain a non-profit food service

The Afterschool At-Risk Meals & Snacks Program is a Federal-funded program, administered by ODE CNP. For more information or to sign up for training, contact: Darcy Miller, (503) 947-5899 ([darcy.miller@state.or.us](mailto:darcy.miller@state.or.us)) or Lynne Reinoso, (503) 947-5892.

**Visit us on the Web:** <http://www.ode.state.or.us/search/page/?id=1154>

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## *Comments from Afterschool At-Risk Meals & Snacks Program Sponsors*

**"The Kids Café (Afterschool At-Risk Meals & Snacks) program does more than provide nutritious meals to youth; it feeds the mind, the body, the soul."**

**Pamela Knudson, Program Director  
Boys & Girls Club of the Umpqua Valley, Roseburg**

**"Thanks to the USDA Food Program and the reimbursement funds, we can feed local children nutrient-rich, delicious meals all year long (Summer Food Service Program sponsor too). This is so important to their healthy development."**

**Board Member  
Neighbors for Kids, Depoe Bay**

**"It is challenging to be a non-profit organization in this economy. Not many of the services we provide actually generate income and offset the costs. CACFP funds enable our organization to offer a quality meal program and we are very proud of this."**

**Toby Winn, Executive Director  
Neighbors for Kids, Depoe Bay**

**"We used to do the snack for our after-school program, but decided to do an early dinner. It helped in planning for our all-volunteer kitchen crews, but more importantly, we knew that some of those kids wouldn't get much of a meal, if any, when they went home."**

**Steven Kimmell, President, Executive Director  
SouthSide Youth Outreach, Inc, Corvallis**

**"The Afterschool At-Risk Program has made us look at the real picture of what it is like to be *HUNGRY* and how really easy it is to make a difference.**

**It only takes one time to hear a comment when asking a student if they would like a supper and their reply is: "Does it cost money?" and you reassure them its *FREE* and their face lights up and they gobble it down and say, "Wow! Thanks that's a lot better than chips and cereal for dinner."**

**In their eyes you are a Hero. You go away knowing you made a difference."**

**Rhonda Hoffine  
North Bend, Coquille, and Reedsport School Districts**

**"Gervais School District has been serving Afterschool At-Risk Suppers since April 2002 to over 200 students participating in our after school programs at three sites. Students like the fact that they are provided more food than the limited snack that they had in the past. We like the fact that offer vs. serve can be utilized and the preparation of the additional meals can be easily absorbed during the work day. We did not increase labor hours, just staggered work schedules. We feel it has been a win-win situation, providing the students increased nutrition while providing additional funding to the Food Services Department."**

**Clare Columbus  
Gervais School District**